



Miyo Acimowin

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Good News



April 2024



Ayiki Pisim

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Vice Principal: Patricia Walker
Vice Principal: Melanie Nanaquawetung
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Principal's Message

Tansi ohpikinahawasiwahk (parents/guardians),

We hope you all enjoyed the Miyoskamin break! Hopefully it stays nice for the next little while as we welcome miyoskamin. It was great to see you all at our Miyoskamiw Ohnikikomawak Engagement as well as our Parent Lighthouse Meeting! It was awesome!

We are so happy to see all of our awasak starting to attend more regularly. We attached attendance reports to every report card so parents would be aware of how much school your child may have missed. It does add up! Many students are attending well and we thank you for that! Some of our children are needing some catching up so every day is important! We do our literacy in the morning, so please make sure they are also on time!

Our Nehiyawatsowin has been so exciting this past month! We have been doing some sewing while it was cold. Some classes did moss bags, hand bags and medicine bags. We did some tracking and snaring out behind the school. We also had visitors come and show us how to skin a beaver (amisk) in our trapper's tent. We had Cree classes in the STEM lab where they learned how to fillet a fish (kinosew), make bannock, and explore the earth's rotation and the 4 seasons (newo kiskinohikewina). Parents were very happy at our interview night with all that their children are learning about our culture.

Just a reminder that parents need to come to the office and not go directly to classrooms. We do not want any disruptions while teaching is happening and if you need to speak to a teacher, please call and leave a message or make an appointment. Also please ensure the awasak are not being dropped off before 8:25 and are picked up by 3:30. We appreciate your help with this.

We have lots of fun things planned in April! Our grade fives have mistatim camp on Tuesdays and Thursdays. The Steve Harmer Magic Show is on April 8th, Hoop Dancing will be in gym class on April 11 & 12, Rainbow day on April 19th and Earth Day clean up on April 22nd! We are also attending the grade 5 & 6 soccer tournament on April 18th! We are looking forward to an exciting month!

Ekosi!!

Doris Auger,
Principal

happy
APRIL





Tânîsi kahkiyaw!

- I am very excited about miyoskamin in the library! There are so many exciting literacy activities to do.
- We will be planting all sorts of seeds to get plants ready for our outdoor learning space. This year, I will be working with the awasak to plan and grow a 3 Sisters Garden where we will grow squash, beans, and corn. We also plan to grow sunflowers and tomatoes.
- We are hatching quail this year! Our new babies will go into the incubator on May 12 and should hatch around May 29. Reading seed packets, researching plant and animal growth and care, and keeping observation logs are all great ways to encourage literacy.
- Our Miyoskamin Book Fair will be held from April 15-19. If you aren't already aware, the book fairs help us earn Scholastic credits, which we use for new books and learning materials for the awasak. Thank you for supporting this!
- Miss Nicole and I have been really enjoying spending time with the awasak at our After School Library Club! It is so nice to get to know them outside of a classroom setting.
- We would also like to thank all the parents for being so supportive and for ensuring your children are picked up at 5 each Wednesday. It really makes our jobs so much easier!
- Congratulations to Koston, Lily, and Brycen for winning our Create a Bookmark Contest. We had SO many creative entries, it was really hard to choose the winners. These students have each received a Reader's Gift Bag, and their designs will be made into real bookmarks that will be shared with all students.
- The Miyoskamin Reading Bingo will start on April 2 and will wrap up on April 30. Any student who completes their Bingo Card can return it to the library to redeem for a prize! Bingo Cards will be distributed to every child on April 2nd, so watch for that to come home.
- Please spend time each evening completing your child's home reading with them. There is so much research that tells us how much more successful children are when parents are actively engaged with their learning! Plus, all kids love being able to show off their reading skills to their families!



Have a wonderful April!

Love, Miss Lawrence

Tanisi families,

As parents we are always thinking of ways to keep our children safe, but we don't always know how to do that. Recently we have come across the idea of using the term "Tricky People" instead of stranger danger. The reason for this is that strangers are only responsible for a small amount of harm that comes to children. If we teach them about tricky people, we can teach them what to watch for regardless of if the person is a stranger or not.

Teach your kids about "**Tricky People**" and teach them to tell you if someone is being tricky.

Secrets - Tricky people ask you to keep secrets from your caregivers,

Boundaries -Tricky people ask you to do something that makes you feel scared, bad inside, yucky or embarrassed.

Bribes - Tricky people ask you to do something you know isn't right by promising you a gift.

Let your child know who is safe to tell if they see these tricky behaviours, even if they come from another child

Let them know that they will never be in trouble for coming to tell you even if it feels embarrassing.

Lastly let them know there is often a yucky feeling we get when someone is being tricky, those feelings are there to protect us. So, if we are ever confused or feeling yucky just go to one of our safe adults to see if what happened was okay or not.

As always if you have more questions, please reach out to us at the school, through our email or on the MESC counselling page.

Miyowata Ka-Miyoskamik

christiedewald@maskwacised.ca

franserickson@maskwacised.ca

We can be contacted at these places or on the [MESC Counselling Page.](#)



FRIDAY,
AKIYI PISIM 22,
2024
Ermineskin Elementary
School

Our planet is an amazing place, but it needs our help to thrive! That's why each year more than a billion people celebrate Earth Day to protect the planet from things like pollution and deforestation. By taking part in activities like picking up litter and planting trees, we're making our world a happier, healthier place to live.



Reminder...

**PROFESSIONAL
DEVELOPMENT DAY!**

NO SCHOOL FOR STUDENTS

Friday, April 12 & 26



SCHOLASTIC BOOK FAIR!

THE SCHOLASTIC BOOK
FAIR IS COMING!



APRIL 15-19, 2024
EES LIBRARY



Miȳoskamiw Ohnikikomawak
Engagement
March 21/2024



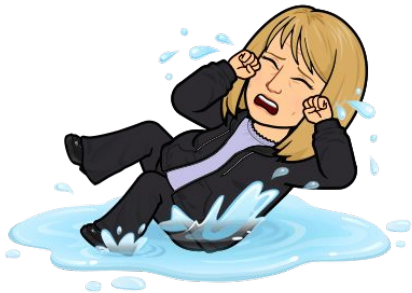
Thank you to all the parents that attended our Celebration of Learning. We had 98 parents attend. It is great to have everyone in our schools. We also completed our Spring MRA assessment and lots of parents walked away with Tim's gift cards!

Ay hay to all that attended our final PAC meeting of the year! We appreciate you all.

Spring Clothing

Reminder to parents to make sure your awasak are dressed for the unpredictable spring weather. Our school grounds can get quite wet and muddy.

Rubber boots and an extra change of clothes would be a great idea to include in their backpack.
Ay-Hay!



April is Dental Health Month

Let's celebrate with; some fun activities, healthy snacks, and prizes. Your COHI Dental Team will be hosting; a colouring contest, Brush to win- charting, Oral Health Tips, and nutritional Presentations.

COHI Team
Evane, Nicole & Riley



7 TIPS FOR HEALTHY TEETH

For Kids and Parents

1. Brush for two minutes.
2. Use a small amount of toothpaste. Don't forget to spit it out!
3. Use a soft toothbrush that's small enough to reach all your teeth.
4. Brush where your teeth touch your gums.
5. Brush after breakfast and before bedtime.
6. Clean every tooth.
7. Don't forget to floss!



Brush 2Win

Learn more at yourdentalhealth.ca



BRUSHING CHART

Name: _____



Use the chart below to track your progress day and night. Colour in a box every time you brush. If you can brush twice each day for 4 weeks...

YOU WIN!

| | Week 1 | Week 2 | Week 3 | Week 4 |
|-----------|--------|--------|--------|--------|
| Monday | | | | |
| Tuesday | | | | |
| Wednesday | | | | |
| Thursday | | | | |
| Friday | | | | |
| Saturday | | | | |
| Sunday | | | | |



MHS SATURDAY IMMUNIZATION CLINIC

9:30 AM - 3:00 PM

Saturday April 6th
Saturday April 13th
Saturday April 27th

Measles
Mumps
Rubella

Diphtheria
Pertussis
Tetanus

Come and get caught up on you or your children's immunizations without taking time off work!

Hepatitis B

Call **780-585-2266** to schedule an appointment

Human
Papillomavirus



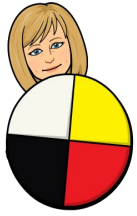
Physical Education

Tanisi! Well, Miyoskamin is finally here! I hope you all enjoyed your Miyoskamin break with your families! It was great to see all of the awasak participate in skating, cross-country skiing, floor curling, and badminton over the past month.

I would like to thank everyone who helped out with skating over the past 3 months. Whether that be tying skates or helping give a hand on the ice, it was greatly appreciated. It is amazing to see the things we can accomplish when we synergize together!

Congratulations to all of our Hawks Badminton team members who represented our school with great sportsmanship at the 4Band Badminton Tournament we hosted! We placed 2nd overall as a team! Way to go Hawks! We have begun our Hawks soccer tryouts in anticipation of the 4Band Soccer Tournament on April 18th at Kisipatinahk School. I would also like to congratulate the Golden Knights Dodgeball team who ended up victorious in our intramural league going 9-0-1 en route to the championship! Way to go Golden Knights! We will be starting our final intramural round of soccer this week. Good luck to all of the teams!

Mr. Zindi



The
Leader in Me™

great happens here

Supporting The Leader in Me Initiative

Ay hay to all the parents who completed the MRA at our Celebration of Learning. Your input is very valuable! We are often asked how parents can support Ermineskin Elementary School's leadership initiative. And we have a super simple answer! All you really have to do is use the 7 Habits language at home.

As the school year unfolds, the children are learning and reviewing the language and meaning of the 7 Habits. By hearing the same language at home and at school, you send your children a strong message of what you believe is important and that we are all on the same team! When parents and schools support one another, the sky's the limit!

Below is a summary of each of the habits:

Habit 1: Be Proactive (You're in Charge)

- *Do the right thing, even when no one is looking.*

Habit 2: Begin With the End in Mind (Have a Plan)

- *Plan ahead and set goals.*

Habit 3: Put First Things First (Work First, Then Play)

- *Spend time on things that are most important.*

Habit 4: Think Win-Win (Everyone Can Win)

- *I win, you win, we win!*

Habit 5: Seek First to Understand, Then to Be Understood (Listen Before You Talk)

- *Try to understand other people's point of view.*

Habit 6: Synergize (Together Is Better)

- *Together we can create better solutions than alone.*

Habit 7: Sharpen the Saw (Balance Feels Best)

- *I take care of my body, mind, heart and soul.*



Nehiyawatsiwin!

Ayiki Pîsim

Tan'si Atawiya Kahkiyaw Kiyawâw! Miyoskamin, miyoskamin, pemiwâsin!
Oh Spring is in the air!

Last month the awas'sak were working on sewing projects!
They also got a chance to enjoy time outside identifying tracks and
we had the chance to skin a beaver and fillet fish!
Here are some Cree phrases we've been practicing:

ᐱᐳᐱ ᐱᐳᐱ Ayiki pîsim - April - Frog moon

ᐱᐳᐱᐱᐳᐱ miyoskamin - spring

ᐱᐳᐱᐱᐳᐱ pisiskiwak - animals

ᐱᐳᐱᐱᐳᐱ niskak- geese

ᐱᐳᐱᐱᐳᐱ piyesîsak- birds

ᐱᐳᐱ wâpos- a rabbit

ᐱᐳᐱ amisk - beaver

ᐱᐳᐱᐱᐳᐱ pahkokewin skinning

ᐱᐳᐱᐱᐳᐱ mâtâhiwêwin tracking

ᐱᐳᐱᐱᐳᐱ nôcihcikêwin trapping

ᐱᐳᐱᐱᐳᐱ ᐱᐳᐱᐱᐳᐱ kikâwînaw askîy Mother earth



RAINBOW DAY

Wear your rainbow colours!

April 19

Ermineskin Elementary School Presents

Steve Harmer Magic Show

MONDAY, APRIL 8TH
12:45-1:45
BLOCKS 5/6

KINDNESS AND GRATITUDE ARE MUCH LIKE "SUPER POWERS" THAT EVERYONE CAN CHOOSE TO HAVE. WHEN YOU CLAIM AND USE YOUR SUPER POWERS AMAZING THINGS CAN HAPPEN IN YOUR LIFE AND IN THE LIVES OF OTHERS..!
 -STEVE HARMER

Parents & families are welcome to attend!

Come and enjoy the magic show!

The Leader in Me
 great happens here

THE CANADIAN DENTAL HYGIENISTS ASSOCIATION
 L'ASSOCIATION CANADIENNE DES HYGIENISTES DENTAIRES

Colouring Contest

Child's first & last name: _____
 age: _____
 email: _____
 phone number: _____
 school/dental hygienist/clinic: _____

Deadline:
 May 1, 2024

Submit your entry!
 email: hc.marketing@cdha.ca
 or mail to: 1122 Wellington St W
 Ottawa, Ontario
 K1V 2Y7

Prizes:
 Win a Toys R Us gift card and kids' oral health prize packs from Sunstar GUM and Crayola

Tooth Tips

- Choose healthy snacks
- Brush 2 minutes, 2 times a day
- Clean between your teeth every day
- Use fluoride toothpaste (pea-sized amount)
- Change your brush every 3 months

Neurological Dental Hygienists Week
 April 4-10
Oral Health For Total Health!

DENTAL HYGIENE CANADA.CA

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Donations in Support of the

ERMINESKIN WOMEN'S SHELTER SOCIETY

...

Items to Donate:

- Brand New/unused
- Toothbrush
- Toothpaste
- Deodorant
- Shampoo
- Conditioner
- Hand soap
- Hand sanitizer
- Face masks

****Cash donations will also be accepted to purchase items**

Ermineskin Elementary Grade 4's are collecting items needed to support the Ermineskin Women's Shelter.

Donations will be accepted until April 29th, 2024



AYÏKI PÏSIM • FROG MOON • APRIL 2024



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|--|--|--|----------|
| 1 | Easter Monday NO SCHOOL Easter p yakokisik w | 2 Miyoskamin Reading Bingo begins! | 3 Div 1 After School Club | 4 | 5 | 6 |
| 7 | 8 Steve Harmer 12:45 | 9 Gr 5S Mistatim | 10 Div 1 After School Club | 11 Gr 5S Mistatim Assembly | 12 PD Day NO SCHOOL | 13 |
| 14 | 15 Book Fair Begins | 16 Gr 5S Mistatim | 17 Last Day of Div 1 After School Club | 18 Gr 5S Mistatim 5/6 Soccer Tourney @ KS | 19 Book Fair Ends Rainbow Day | 20 |
| 21 | 22 Earth Day Cleanup | 23 | 24 | 25 | 26 PD Day NO SCHOOL | 27 |
| 28 | 29 | 30 Gr 5A Mistatim Miyoskamin Reading Bingo Ends! | | | | |



April Menu



| Menu is subject to change. Due to product availability. | | | | | | Menu ᐱᐱᐱ Ayiki P sim Frog Moon (April) 2024 | | | | | |
|---|--|---|--|---|--|---|--|---|--|---|--|
| April 1st - 5th | | Peyak Kisik w | | N so Kisik w | | Nisto Kisik w | | Newo Kisik w | | Niy nan Kisik w | |
| Breakfast | | Easter Monday | | Muffins & Fruit | | Fruit Scones & Fruit | | Bannock & Jam Fresh Fruit | | Bannock & Jam Fresh Fruit | |
| Lunch | | | | Ham Alfredo Pasta, Ceaser Salad, Fruit Salad, Tossed Salad, Fruit | | Hamburger Soup, Bannock, Spinach Salad, Coleslaw, Cut Fruit | | Roasted Porkloin, Mashed Potatoes, Gravy, Ceaser Salad, Fruit Salad, Fruit | | Pizza Day! Ceaser Salad, Fruit Salad | |
| April 8th- 12th | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
| Breakfast | | Yogurt, Cereal Fruit | | Muffins and Fruit | | Cereal, Fruit | | Pancakes and Jam | | | |
| Lunch | | Italian Sausage with Roasted Tomatoes in Marinara Sauce and Vegetables over Pasta, Caesar, Cucumber & Fruit Salad | | Noodle Bowl with Lettuce, Shredded Vegetables Topped with Shaved BBQ Pork, Tossed Salad, Fruit Salad, Fruit | | Chicken Noodle Soup, Bannock, Tossed Salad, Potato Salad, Fruit Salad, Fruit | | Pizza Day! Ceaser Salad, Coleslaw, Fruit Salad, Fruit | | Prep Day - Deep clean and Kitchens prep for Monday | |
| April 15th - 19th | | Peyak Kisik w | | N so Kisik w | | Nisto Kisik w | | Newo Kisik w | | Niy nan Kisik w | |
| Breakfast | | Cold Cereal, Fruit | | Bacon Egg Cheese Wrap, Hashbrowns, Fruit | | Cereal, Porridge, Fruit | | Pancakes, Sausage, Fruit | | Fried Balogona & Scrambled Eggs | |
| Lunch | | Swedish Meatballs With Rice and Hot Veg, Tossed Salad, Fruit Salad, Fruit | | Perogies with Cabbage, Onions and Garlic Sausage, Tossed Salad, Quinoa Salad, Fruit | | Broccoli Cheddar Soup, Bread, Tossed Salad, Pasta Salad Fruit Salad, Fruit | | Roast Beef with Mixed Vegetables, Potatoes & Gravy, Tossed Salad, Cucumber Salad | | Pizza Day! Ceaser Salad, Coleslaw, Fruit Salad, Fruit | |
| April 22nd - 26th | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
| Breakfast | | Cold Cereal, Fruit | | Pancakes & Jam, Fruit | | Cold Cereal, Fruit | | Ham & Cheese Scones | | | |
| Lunch | | Baked Mac'n Cheese with Bacon and Bread Crumbs, Caesar & Greek Salad, Fresh Cut Melon | | Mild Coconut Curry Chicken with Roasted Tomatoes, Rice, Mixed Greens & Spinach & Fruit Salad | | Chili, Cheese Bannock, Tossed Salad, Pasta Salad, Greek Salad, Fresh Cut Fruit, Fruit | | Pizza Day! Ceaser Salad, Coleslaw, Fruit Salad, Fruit | | Prep Day - Deep clean and Kitchens prep for Monday | |
| April 29th - May 3rd | | Peyak Kisik w | | N so Kisik w | | Nisto Kisik w | | Newo Kisik w | | Niy nan Kisik w | |
| Breakfast | | Cold Cereal, Fruit | | Muffins & Fruit | | Yogurt Parfait, Fruit | | Pancakes & Jam, Fruit | | Fruit Scones | |
| Lunch | | Baked Ham with Rice Pilaf and Hot Mixed Vegetables, Tossed Salad, Veggie Sticks, Fruit Salad, Fruit | | Chicken, Bacon, Lettuce Ranch Wraps with Cheese, Pasta Salad, Cucumber Salad, Fruit Salad, Fruit | | Potato Bacon Soup, Cheese Bread, Tossed Salad, Pasta Salad Fruit Salad, Fruit | | Chicken Rice and Bean Enchiladas, Baked with Tomato Sauce and Cheese, Mixed Greens, Mexican Corn Salad, | | Pizza Day! Ceaser Salad, Coleslaw, Fruit Salad, Fruit | |