



# Miyo Acimowin

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Good News

March 2025

Niski Pisim ᑦᑦᑦ ᑕᑦᑕᑦ  
Goose Moon



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## Principal's Message

Tânîsi Ohnikikomowak!

It was so nice that the weather is warming up a bit and we can get outside to enjoy it! Hopefully it stays warm for our **Miyoskamin Break!**

Our **Miýoskamiw Ohnikikomowak Engagement** is on March 20 from 4:00-7:00. Report cards will come home the day before on March 19. We also have our **Parent Lighthouse meeting** that night at 6:00. We have some important school info to share and we will be giving out gifts to parents who attend! Hope to see you there!

We are happy to see our students coming to school regularly and on time! We are giving awards for our classes who have **excellent attendance** each month! They get a trophy to keep in their classroom for the month! We are also giving treats to our students who have perfect attendance each month. We announce these at our monthly school assembly.

We also have the **Golden Garbage Can** award each month! Our custodial department provides a pizza party to the class winners which are chosen by our custodians! Great job being proactive and keeping your classroom clean awasak!

We are having our **Elder's Tea** on March 21 from 1 until 3. It will be in our Gathering Area and students will be present to explain their presentations to the Elders and will also be performing for them. All Elders are welcome!

Just a reminder that we provide breakfast, snacks and a hot lunch! If you choose to send extra snacks for your child, please ensure they are healthy snacks and **please do not send pop, energy drinks or candy!** It is not allowed at school and will be confiscated. Thanks for your support with this!

If you have any questions or concerns, please do not hesitate to reach out!

Ekosi pitima,

Doris Auger  
Principal





# Library News



Tansi EES Families!

I can't believe that it is already March! This year is flying by!

In the Library in February, we read LOTS of books about Valentine's Day, kindness, and friendship. Our Division 2 students listened to the very popular book "The Legend of Rock, Paper, and Scissors" and then competed in our 4th annual EES Rock, Paper, Scissors Championship. Congratulations to Lemia and Nathaniel for winning!

Thursday, March 6th is World Book Day where we celebrate the joy that books and reading bring. Library classes this week will be participating in activities which encourage children to read for enjoyment. I encourage you to spend some time reading as well! Allowing your children see you reading for pleasure is such a powerful way to encourage literacy in the home. We will also have a Design Your Own Bookmark contest happening.

Our 4th Annual EES March Madness Character Tournament begins March 3rd! Awasak will vote on their favourite book characters. This is always a fun event, and we have a whole list of new characters who will be competing this year. Who will be the victor? We will keep you updated!

**Our Scholastic Book Fair begins on March 17** and wraps up on March 21st. We are open each day from 8:30-3:45, and will be open late for the Celebration of Learning! Our theme this time is "Reading Is Dyno-Mite!" and we will have some fun contests and activities happening. Please come and visit!

A question that is asked VERY often is "when are we hatching eggs?" This will be the 4th year we have hatched eggs in the library! We have enjoyed hatching chicks, ducklings, and quails. I am currently working on getting niska eggs to hatch this year! Watch the EES Library Instagram page for updates! In addition to our baby birds, we will also be watching caterpillars transform into butterflies once again!

Have a wonderful month! Don't forget to spend some time each day reading!

Miss Tania Lawrence



# Counsellor's Corner



Tansi Families

## Talking to Your Child: Building Brains, One Word at a Time.

The way we talk to our children helps shape their brains! Positive and negative interactions can have a big impact on their learning, emotions, and development.

### Positive Interactions: Building Strong Connections

- **Ask questions and listen:**
  - "What do you see in this picture?"
  - **Why it helps:** Boosts language and thinking skills.
- **Praise effort, not just results:**
  - "You worked so hard on that puzzle—great job!"
  - **Why it helps:** Builds confidence and problem-solving skills.
- **Read together and talk about stories:**
  - "What do you think will happen next?"
  - **Why it helps:** Improves imagination and attention.

### Negative Interactions: Creating Stress

- **Harsh or critical words:**
  - "Why can't you do anything right?"
  - **Why it hurts:** Increases stress and lowers self-esteem.
- **Ignoring their thoughts:**
  - "I don't have time for this right now."
  - **Why it hurts:** Makes children feel unimportant and unsupported.
- **Too much criticism, not enough praise:**
  - "Pick up your toys! Stop that!"
  - **Why it hurts:** Creates stress, making it harder to learn and focus.

Talking with your child in a calm, positive way helps build their brain and strengthens your bond. Even small moments—like chatting during meals—make a big difference!

Miyo niski-pisim: Frans, Christie, and Teri

# SCHOLASTIC BOOK FAIRS

**March 17-21, 2025**  
**8:30-3:45 daily**  
**Open until 6:30 on March 20**

# HAPPY ST PATRICK'S DAY

Don't get pinched,  
 wear green or gold on  
 Monday  @EES

**Ermineskin Elementary School**

*Miýoskamiw Ohnikikomawak*  
**Engagement**  
**Thursday, March 20**  
**4 pm- 7 pm**

Please join us at our  
 Miýoskamiw Ohnikikomawak  
 Engagement!

We will also host our 3rd Parent Lighthouse Meeting (PAC) of the year. Please join us at 6 pm.  
 Childcare provided.

**All parents that attend will receive a gift!**


*KIDS COME FIRST AT OUR SCHOOL*

**MESC Transportation (585-3333)**  
 Download the Bus Status 4 app for bus updates! It is updated every morning by 7:00!  
 If you haven't been at school in a while, call to have your bus stop resumed!

Download the **BUS STATUS** App

Keep track of bus delays and cancellations, and receive push notifications for just the bus routes that matter to you.

GET IT ON Google Play | Download on the App Store

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March 13



# Ribbon Skirt & Shirt Day

We will be wearing our ribbon shirt & skirts at our monthly assembly!



## EES Skating Schedule

**SKATING THIS WEEK!**  
**MARCH 3rd to 7th!**

**Monday**  
6W, 3M, 4P, 4Y

**Tuesday**

5S, 1A 2F, 3O

**Wednesday**

1P, 2E, 3H, Interactions

**Thursday**

6D, 2M, 4B

**Friday**

5A, 1M, 6Wh, 5F



**IF YOU HAVE SKATES AND A HELMET, PLEASE MAKE SURE YOU BRING THEM ON YOUR CLASSES SCHEDULED SKATING DAY!!**

IF PARENTS WOULD LIKE TO COME HELP TIE SKATES AND HELP ON THE ICE, PLEASE COME TO THE ARENA DURING THOSE SCHEDULED TIMES.

**EES HAS A LIMITED AMOUNT OF SKATES AND HELMETS FOR STUDENTS TO USE**



# Professional Development Day

**NO SCHOOL**  
**Friday, March 14, 2025**

Friday, March 21, 2025

## ELDER'S TEA

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**ERMINESKIN ELEMENTARY SCHOOL**

1:00PM - 3:00 PM

YOU ARE INVITED TO JOIN US FOR OUR ELDER'S TEA. TEA AND SNACKS WILL BE SERVED. OUR AWASAK HAVE PREPARED EXHIBITS FOR YOU TO ENJOY THAT CELEBRATE NEHIYAWEWIN CULTURE.



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**ERMINESKIN ELEMENTARY SCHOOL**



# PINK SHIRT DAY

Wed, Feb 26



Pink Shirt Day aims to spread kindness and reduce bullying by celebrating diversity in all its forms and supporting workplaces, communities and schools to be safe, supportive, welcoming and inclusive of all people. While all people can be the target of bullying, some groups or individuals experience more bullying than others. Here at EES we take a stand against bullying!



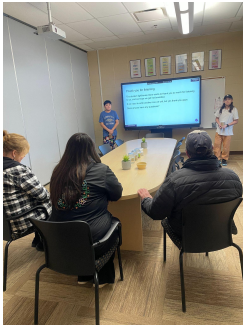
No to bullying!





# Student Lighthouse Team

Here is the Student Lighthouse Team for the 2024-25 school year. The team is developing their leadership skills with class presentations, and to MESC leadership. We will have a great remainder of the year!



## Student Leadership in Action!

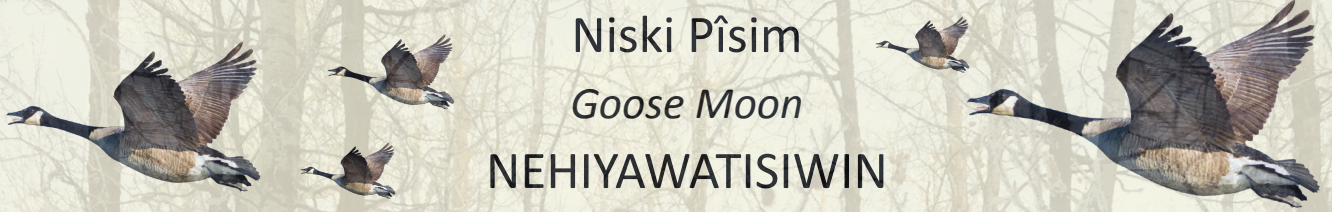
We have a new leadership team that was formed to address parent concerns about the traffic and speed of vehicles dropping students off for school. Our Crosswalk Guards officially began their leadership duties once the cold snap was over. It has been a great addition to the many leadership teams we have at EES and parents seem to really appreciate our crosswalk guards! Way to go awasak!



The Leader in Me™

great happens here

Niski Pîsim  
 Goose Moon  
 NEHIYAWATISIWIN



This past month Gr.5 students had the opportunity to go ice fishing! It was so awesome for our awasak to learn on the land from Knowledge Keepers!

Miywasin, Miywasin Kahkiyaw!



Nehiyawewin Terms

- Pipon ᐱᐅᐅ winter
- Kona `ᐅ snow
- mîhkwâw ᐱᐅᐅ red
- sâkihtowin ᐱᐅᐅᐅ Love
- wâhkohtowin ᐱᐅᐅᐅ kinship
- nîcimós - ᐱᐅᐅᐅ sweetheart
- nitôtém - ᐱᐅᐅᐅ my friend
- Kinosew ᐱᐅᐅᐅ - fish



## Regular Attendance is Important!

Regular attendance helps students learn classroom expectations, routines, and social skills. They adjust more easily to changes and experience more success in school. If you are having difficulties getting your child to school please call, email or text the school and/or your child's teacher as we have many supports to help. **Please call for student absences or to change contact numbers.**

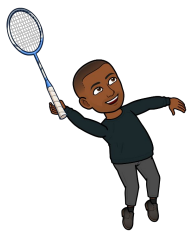


## Dress for the Weather!

Please send the awasak with **rubber boots** and extra pants. It is very wet on the playground and we are having some students needing to change!



## Physical Education



Miywâsin! We just had a thrilling month with cooperative games, basketball, archery, and badminton.










We look forward to our final week of skating this month, March 3-7. You are welcome to join us! We would like to see everyone wearing helmets, so please bring one if you plan to join us on the ice.

Our Hawks Badminton Team will attend the Four Band Badminton Tournament at NES on March 12th, starting at 10:00 am. You are invited to come and check out the thrilling badminton talent we have in our grades 5 & 6 students in Maskwacîs.

Have a fantastic month, and don't forget to stay active during Miyoskamin (Spring) Break!



# March Niski Pisim ᓄᓃᓂ ᐱᓯᓂ 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
 2	3	4	5	World Book Day !6	7	8
<b>Skating Week!</b>	<b>Skating 6W,3M,4P,4Y</b>	<b>Skating 5S,1A 2F, 3O</b>	<b>Skating 1P, 2E,3H,Interactions</b>	<b>Skating 6D,2M,4B</b>	<b>Skating 5A,1M,6Wh,5F</b>	
9	10	11	4Band Badminton Tournament @ NES 	12 School Assembly Ribbon Shirt/Skirt Day!	13	14
Daylight Savings Clocks forward					<b>No School PD Day</b>	15
 16	 17 <i>Feelin' Lucky</i> Wear green!	18	19	20 First day of Miyoskamin! miyoskamiw ohnikomawak Engagement- K- 6 4:00-7:00. Virtual Parent Lighthouse Meeting • 6:00	21	22
<b>Scholastic Book Fair Week!</b>			<b>Report cards go home!</b>		Elder's Tea 1-3	
23	 24 <i>loggin' off</i>	25	26	27	28	29
		<b>Miyoskamin (Spring) Break March 22-30 NO SCHOOL</b>				
30	31	April  1	2	3	4	5
	Students return!	<b>April Fools Day</b> Kiyâskiw Kîsikâw		<b>Rainbow Day!</b> 		



## March Hot Lunch Schedule



**Menu Subject to Change due to product availability	ᓄᓃᓂ ᐱᓯᓂ Niski Pisim Goose Moon (March)				
	Monday	Tuesday	Wednesday	Thursday	Friday
3rd- 7th	Monday	Tuesday	Wednesday	Thursday	Friday
Kikisepâ micowin	Cereal, Fruit	Yogurt Parfait, Fruit	Pancakes with Jam, Fruit	Cheese Scones, Fruit	Pancakes with Jam, Fruit
Nimâwin	Pasta Bolognese, Caesar Salad, Fruit Salad, Cucumber Salad, Fruit	Deli Sandwiches, Pasta Salad, Potato Salad, Garden Salad, Fruit	Chicken Noodle Soup, Cheese Bread, Mixed Salads, Fruit Salad	Roasted Pork Loin, Mashed Potatoes, Gravy, Hot Veg	Pizza Day! Caesar Salad, Fruit Salad
Micisowinis	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
10th- 14th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Yogurt, Cereal, Fruit	Pancakes with Jam, Fruit	Cereal, Fruit	Assorted Muffins, Yogurt, Fruit	
Lunch	Mac and Cheese, Caesar Salad, Spinach Salad, Fruit Salad, Fruit	Pork Stir Fry over Rice Noodles, Tossed Salad, Veggie Sticks	Hamburger Tomato Soup, Bannock, Mixed Salads, Fruit Salad	Pizza Day! Caesar Salad, Fruit Salad	<b>PD DAY</b>
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
17th -21st	Monday	Tuesday	Wednesday	Thursday	Friday
ᐱᓯᓂ ᐱᓯᓂ	Yogurt, Cereal, Fruit	Assorted Baked Goods, Fruit	Pancakes with Jam, Fruit	Yogurt Parfait, Fruit	Cereal, Fruit
ᓄᓃᓂ	Pasta w/ Buffalo Chicken & Cauliflower, Caesar Salad	Swedish Meatballs with Rice Pilaf, Tossed Salad, Fruit Salad, Fruit	Beef Barley Soup, Bannock, Mixed Salads, Fruit Salad	Perogies & Garlic Sausage, with Sauteed Cabbage, Veggie Sticks	Pizza Day! Caesar Salad, Fruit Salad
ᐱᓯᓂ ᐱᓯᓂ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
24th- 28th	Monday	Tuesday	Wednesday	Thursday	Friday
<b>SPRING BREAK</b>					
31st- April 4th	Monday	Tuesday	Wednesday	Thursday	Friday
Kikisepâ micowin	Yogurt, Cereal, Fruit	Assorted Muffins, Fruit	Fruit Scones, Fruit	Pancakes with Jam, Fruit	Yogurt, Cereal, Fruit
Nimâwin	Pasta w/ Tomatoes, Spinach, Basil, Marinara & Parmesean	Bannock Tacos, Tossed Salad, Fruit Salad, Fruit	Tomato Basil Soup, Cheese Bread, Mixed Salads, Fruit Salad	Roast Beef au jus with Potatoes and Hot Veg, Tossed Salad Pasta Salad	Pizza Day! Caesar Salad, Fruit Salad
Micisowinis	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods